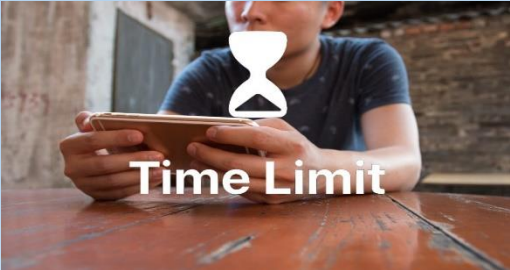



The ASPIRE Curriculum-Key Learning

Title: Relationships

Year 5 Summer 1

Subject: PSHE

Key Knowledge	Key Skills (Social and Emotional)	Key Vocabulary	
<ul style="list-style-type: none"> I know that a personality is made up of many different characteristics, qualities and attributes. I know that belonging to an online community can have positive and negative consequences. I know that there are rights and responsibilities in an online community or social network. I know that there are rights and responsibilities when playing a game online. I know that too much screen time isn't healthy I know how to stay safe when using technology to communicate with friends. 	<ul style="list-style-type: none"> I can suggest strategies for building self- esteem of myself and others. I can identify when an online community / social media group feels risky, uncomfortable, or unsafe. I can suggest strategies for staying safe online/ social media. I can say how to report unsafe online / social network activity. I can identify when an online game is safe or unsafe. I can suggest ways to monitor and reduce screen time. I can suggest strategies for managing unhelpful pressures online or in social networks. 	<p>Gambling</p>	<p>Playing games for money online.</p>
		<p>Grooming</p>	<p>The action of an adult preparing a child for a meeting, usually with intention of committing a sexual offence.</p>
		<p>Mental health</p>	<p>A positive state of mind and body and feeling safe and able to cope.</p>
		<p>Negative self talk</p>	<p>An inner voice that says "You are not good enough"</p>
		<p>Peer pressure</p>	<p>Influence on people by their peers to change their attitudes, values or behaviour to those of the influencing group</p>
		<p>Personal Information</p>	<p>Any information from which a person can be identified.</p>
		<p>Personal attributes</p>	<p>A persons characteristics.</p>
		<p>Self esteem</p>	<p>How much you like yourself</p>
		<p>Troll</p>	<p>A person who posts things online to deliberately upset others.</p>

Relationships

