



The ASPIRE Curriculum-Key Learning

Title: Relationships

Year 4 Summer 1

Subject: PSHE

Key Knowledge	Key Skills (Social and Emotional)	Key Vocabulary	
<ul style="list-style-type: none"> I know some reasons why people feel jealousy. I know that jealousy can be damaging to relationships. I know that loss is a normal part of relationships. I know that negative feelings are a normal part of loss. I know that memories can support us when we lose a special person or animal. I know that change is a natural part of relationships/ friendship. I know that sometimes it is better for a friendship/ relationship to end if it is causing negative feelings or is unsafe.  <p>Memory box</p>	<ul style="list-style-type: none"> I can identify feelings and emotions that accompany jealousy. I can suggest positive strategies for managing jealousy. I can identify people who are special to me and express why. I can identify the feelings and emotions that accompany loss. I can suggest strategies for managing loss. I can tell you about someone I no longer see. I can suggest ways to manage relationship changes including how to negotiate.  <p>Friendships</p>	<p>Amicable</p> <p>Betrayal</p> <p>Compromise</p> <p>Denial</p> <p>Despair</p> <p>Guilt</p> <p>Loyal</p> <p>Memento</p> <p>Negotiate</p>	<p>Friendly</p> <p>Being let down by someone who you expect to be loyal to you.</p> <p>An agreement reached by each side giving up something.</p> <p>Refusal to accept the truth about something happening in your life.</p> <p>A complete loss of hope.</p> <p>A feeling when you have done something wrong</p> <p>Giving someone constant support</p> <p>An object kept as a reminder of a person or event.</p> <p>A discussion to sort a problem so both sides are happy.</p>

Relationships

