



The ASPIRE Curriculum-Key Learning

Title: Dreams and Goals

Year 3 Spring 1

Subject: PSHE

Key Knowledge	Key Skills (Social and Emotional)	Key Vocabulary	
<ul style="list-style-type: none"> I know about specific people who have overcome difficult challenges to achieve success. I know what dreams and ambitions are important to me. I know how I can best overcome learning challenges. I know that I am responsible for my own learning. I know what my own strengths are as a learner. I know what an obstacle is and how they can hinder achievement. I know how to take steps to overcome obstacles. I know how to evaluate my own learning progress and identify how it can be better next time. <div data-bbox="619 1063 886 1156" style="background-color: yellow; text-align: center; padding: 5px;">Overcoming challenges</div> 	<ul style="list-style-type: none"> I can recognise other people's achievements in overcoming difficulties. I can imagine how it will feel when I achieve my dream / ambition. I can break down a goal into small steps. I can recognise how other people can help me to achieve my goals. I can manage my feelings of frustration linked to facing obstacles. I can share my success with others. I can store feelings of success (in my internal treasure chest) to be used at another time. <div data-bbox="1159 921 1674 1003" style="background-color: yellow; text-align: center; padding: 5px;">I can store my success in my internal treasure chest.</div> 	Ambition/ Aspiration	A strong hope to achieve something
		Cooperation	Working with someone on something
		Efficient	Working in a well organised way.
		Enterprise	A project
		Evaluate	To judge whether something is good or not.
		Frustration	An emotion that happens when people are stopped from doing what they wanted to do.
		Motivation	Someone reasons for doing something
		Review	To check something
		Solution	A way of solving a problem or dealing with a difficult situation

Dreams and Goals

