



# The ASPIRE Curriculum-Key Learning



**Title: Changing Me**

**Year 2 Summer 2**

**Subject: PSHE**

Key Knowledge	Key Skills (Social and Emotional)	Key Vocabulary	
<ul style="list-style-type: none"> <li>I know that life cycles exist in nature.</li> <li>I know that aging is a natural process including old-age.</li> <li>I know that some changes are out of my control.</li> <li>I know how my body has changed from when I was a baby and that I will continue to change as I age.</li> <li>I know the physical differences between male and female bodies.</li> <li>I know the correct names for private body parts.</li> <li>I know that private body parts are special and that no one has the right to hurt these.</li> <li>I know who to ask for help if I am worried or frightened.</li> <li>I know there are different types of touch and that some are acceptable and some are unacceptable.</li> </ul>	<ul style="list-style-type: none"> <li>I can appreciate that changes will happen and that some can be controlled and others not.</li> <li>I can express how I feel about changes.</li> <li>I can show appreciation for people who are older.</li> <li>I can recognise the independence and responsibilities that I have now compared to being a baby or toddler.</li> <li>I can say what greater responsibilities and freedoms I may have in the future.</li> <li>I can say who I would go to for help if worried or scared.</li> <li>I can say what types of touch I find comfortable/uncomfortable.</li> <li>I am able to confidently ask someone to stop if I am being hurt or frightened.</li> <li>I can say what I am looking forward to in the next year.</li> </ul> <div data-bbox="1031 1192 1533 1288" style="background-color: green; color: white; padding: 5px; text-align: center;"> <p>We change as we grow older.</p> </div>	<p><b>Appearance</b></p>	<p><b>The way someone looks.</b></p>
		Anus	The opening where your poo comes out.
		Independent	Capable of doing things for yourself.
		Penis	One part of a boys private parts.
		Private	Things that you don't want everyone to know or see.
		Testicles	Boys have 2 testes in a small sack under the penis.
		Timeline	A list of events in the order they happened.
		Vagina	One of the inside parts of a females private parts.
		Vulva	The opening and outside private parts of a females private parts.



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