



SAINT JAMES'

Church of England School

PE Long Term Plan 2018/2019

	Y1		Y2		Y3		Y4		Y5		Y6	
Aut 1	Gym skills Balance - movement		Football	Gym - Balance	Rugby	Gym	Rugby	Gym	Rugby	Hockey	Swimming	Hockey
Aut 2	Gym Skills Sequence and routines		Gym Skills Sequence and routines		Football	Netball	Dance	Netball	Volley Ball	Rugby	Swimming	Volley ball
Spr 1	Throwing skills	Catching skills	Catching and throwing	Wall Games	Dance	Swimming	Tag Rugby	Football	Rugby	Football	Football	Rugby
Spr 2	Jump for distance	Jump for height	Team Building Orienteering	Jumps for distance and height	Tennis	Swimming	Tennis	Football	Netball	Orienteering Team Building	Netball	Dance
Sum 1	Athletics throwing	Rugby Skills	Athletics	Rugby skills	Athletics	Swimming	Cricket	Rounders	Dance	Tennis	Cricket	Rounders
Sum 2	Running	Relay running	Team Building	Running	Rounders	Swimming	Athletics	Team Building – Orienteering	Athletics / Orienteering	Rounders	Athletics	Orienteering / team teach

Mrs C Ratcliffe - Sport Leader in conjunction with Mr J Hammond (Sports Coach) Mr A Stansbie (Sport Apprentice)



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